

# Inspection and Palpation of Breast Cancer Training Model II

LM-017

## Instruction Manual

Thank you for purchasing the LM-017 Inspection and Palpation of Breast Cancer Training Model II. Please read this instruction manual carefully to ensure correct use of the product, and store it in a safe place for easy access.

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## Handling and Safety Precautions

**These precautions should be strictly observed in order to ensure safe, long-term use of the product.**

### **The following precautions should be observed particularly strictly**

1. The model is made using special silicone rubber to simulate the texture of human skin, and may be damaged if excessive force is applied. We recommend handling the model carefully, in the same manner as an actual person.
2. Do not use oil pens or paints on the surface, as they may cause permanent staining.
3. Do not wash the model.

### **Caring for the model after use:**

1. If the surface becomes dirty, wipe with moist gauze or another soft cloth using a neutral solvent diluted with water.
2. To clean more difficult-to-remove smudges or marks, wipe with moist gauze or another soft cloth using sterilizing ethanol.
3. Do not use thinners, benzene or similar solvents.
4. To prevent the model from becoming misshapen, always place it in the correct position for storage.
5. Store the model in a place where it will not be exposed to direct sunlight or UV rays.

1. The contents of this instruction manual are subject to change without notice.
2. This instruction manual may not be reproduced in part or in its entirety without permission.
3. Please contact the manufacturer in the event that any errors or omissions are found in the contents of this instruction manual.
4. This product should be used only as described in this instruction manual. In particular, the product should not be used in any way that contravenes the precautions noted in the instruction manual.

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# 1. Outline and Features

## Outline

The incidence of breast cancer is high in women in the prime of life. Chances of recovery are highest if breast cancer is detected and treated at an early stage. To check for breast cancer, begin by visually inspecting and palpating the breasts. Breast cancer can appear as a "lump" under the skin or as small changes in skin tone or evenness. Regular careful self-examination is very important.

If a small skin change is detected, a specialist should immediately be consulted. With early detection and treatment, there is no need to fear. When creating this model, advice from numerous specialists was gathered to design a model that is useful for self-examination.

## Features

The size and texture of the model is made to be as realistic as possible. Pathological symptoms such as lumps and skin changes (dimples) may be slightly exaggerated in the model, but the locations and feel of the lesions are provided with the utmost accuracy.

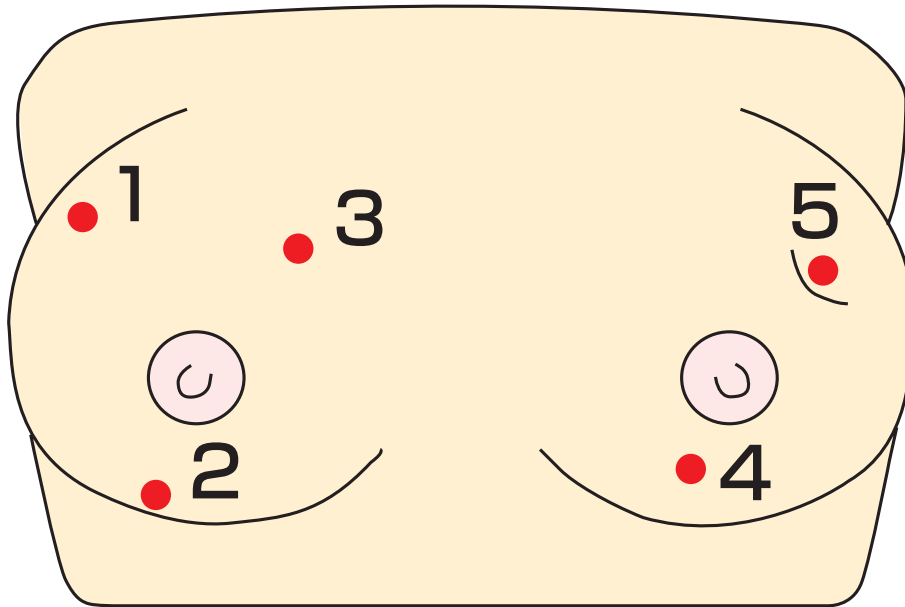
This not only offers an ideal educational model for health nurses and nursing students, but also provides an effective teaching and training tool for self-examination of breast cancer by the general public.

## 2. Components



Names of the Components	Quantity
① Inspection and Palpation of Breast Cancer Training Model II main body	1
② Baby powder	1
③ Storage case	1
Instruction Manual (this document)	1

### 3. Description of parts



Symptom	Number	Description
Lumps	① to ⑤	80-90% of breast cancers start as a painless lump.
Skin changes (dimple)	⑤	If the cancer approaches the skin, the skin may become depressed to form a dimple.

## 4. Using the model

### 4-1 Putting on the model

- 1) Open the hook-and-loop fasteners on the upper belt of the model.

Wrap the belt around your neck and fasten the hook-and-loop fasteners in place.



Upper belt

- 2) Open the hook-and-loop fasteners on the lower belts. Wrap the belt around your torso and fasten the hook-and-loop fasteners in place.



Lower belt

- 3) Adjust the length of the belt with the belt length adjuster ring to fit the model to your body.

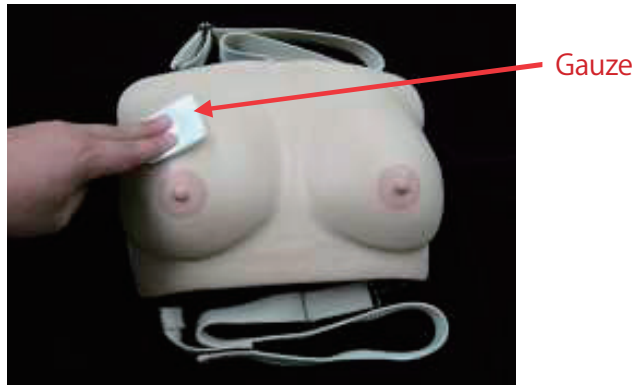


Belt length adjuster ring

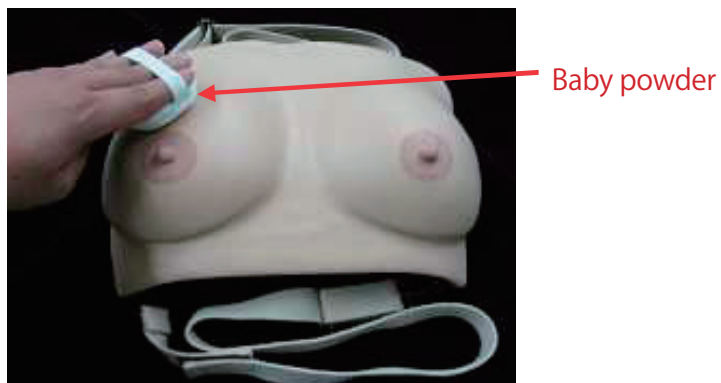


## 4.2. Caring for the model after use

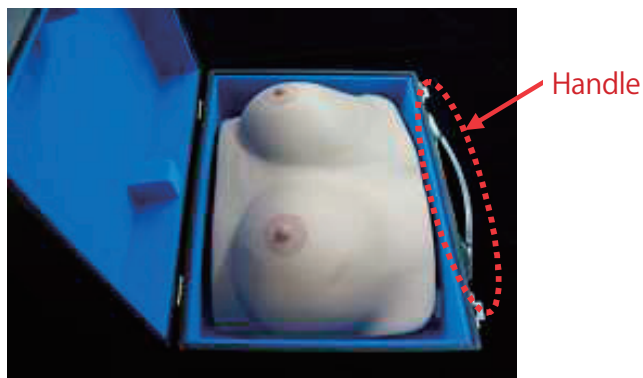
- 1) Wipe away dirt or smudges with gauze or another cloth. If very dirty, wipe with moist gauze using a neutral solvent diluted with water.



- 2) Pat the baby powder that came with the kit all over the model.



- 3) Place the model in the storage case as shown in the picture below. Position the model in the case so that the neck is facing the handle.



- 4) Close the lid of the case and store it in a well-ventilated location where it will not be exposed to direct sunlight or UV rays.

## 5. Specifications

	Length	Width	Height	Weight
Main body	Approx. 22 cm	Approx. 30 cm	Approx. 11 cm	Approx. 1.2 kg
Storage case	Approx. 27 cm	Approx. 34 cm	Approx. 13 cm	Approx. 1.2 kg